

FIRST NAME 2025

Most frequent names of residents in Spain

Total of residents (1/1/2025): 49,128,297

FEMALES: 51%

MALES: 49%

MARÍA CARMEN

618,622 62.6 years

ANTONIO

590,938 58.7 years

MARÍA

543,083 48.3 years

MANUEL

525,628 56.5 years

CARMEN

333,187 60.4 years

JOSÉ

487,678 63.2 years

ANA MARÍA

264,987 56.7 years

FRANCISCO

426,675 60.3 years

LAURA

259,183 34.2 years

DAVID

372,975 36.1 years



Frequency of a first name



Average age (*)

Note: (*) Average age of the persons holding this name in the whole country.

Source: Most frequent names and surnames. INE - Spain

April
2026

INE

Instituto Nacional de Estadística